

**IPCSA  
SUBSTANCE ABUSE COMMITTEE  
MEETING MINUTES  
December 13, 2006**

In Attendance:

Tracy Burke-Carriere	Bureau Co.
Kristin Nafirger	Chestnut Health Systems
Amy Mueller	Chestnut Health Systems
Tara Gonzalez Bowling	Rock Island County
Michael Carey	Champaign Co.
Andy Ceresa	Putnam Co.
Amanda Wells	Champaign Co.
Deborah Norman	Lake Co.
Judi Nystrom	AOIC
Corinne Stremming	Morgan Co.
Liz Rickert	Ogle Co.

Meeting Summary:

A warm welcome to Kristin, Amy and Tara. We look forward to getting to know each of you better and to your contributions to the committee.

Tracy shared a “Thank you” letter from CICTA (Central Illinois Center for Treatment of Addictions) who were the recipient of a \$200 donation from the fall conference silent auction proceeds. It was reported that the conference workshop had good attendance. Our special thanks to Andy Ceresa and Mike Carey who arranged for the recovering clients to speak at the workshop.

The committee began work on the development of goals for next year and on conference activities. Ideas discussed for the spring conference were:

- 1) Highlight prevention programs delivered by kids to kids. We will try to locate a group of school kids who are putting on skits/plays for younger kids. We would like to present the skit during a luncheon. We could then pass out or have information available at the table as to resources to help begin such a program in a community. Any ideas, resources or other information concerning such programs should be given to Andy C. or Liz. The proposal for conference workshops must be turned into the program committee by 1/15.

If we are unable to find a skit, we may talk to “balloon-makers and clowns to roam around the lunch tables and explain what they do in their home area. Tracy will be the contact on this idea.

- 2) There will be a panel and audience discussion held on the effectiveness of scare

tactics. This will include copies of commercials and documentaries. A time slot is being held on Wednesday afternoon for this workshop which is being developed by Mike C. and Corrine. On Thursday, we may use part of our table space to continue to show the videos used in the workshop.

- 3) The committee will sponsor an informational table. Our supplies are low so start ordering now. We're particularly looking for information on opiates, pens, pencils, erasers and posters.
- 4) Corrine has volunteered to arrange for a committee meeting speaker at the spring conference. She'll check with Becca Ward who does an outstanding presentation on meth and who will be at the conference anyway.

Very preliminary discussion was held on possible workshop topics for the fall conference. We discussed a "movie day" which we could go a couple different directions with. One idea is to show select movies and discuss their effect on society. Another idea is to showcase how various movies/videos could be used for promote discussion and learning among clients. Liz has agreed to be the central repository for recommendations for movies. Along with this, Corrine suggested we get some slightly used movies which would be applicable for showing to clients and give them away in a drawing or as part of a fund raising project. Liz suggested we explore the possibility of bringing Marilee Pickett in as a trainer for using motivational interviewing with substance abusers.

The committee wants to continue with public awareness efforts this next year including the informational table at each conference. Discussion was held on the concept of a "scrapbook" of local stories and clippings depicting the tragic results of the misuse and abuse of alcohol and drugs. The committee believes such a publication could be used with victim impact panels, for use in giving speeches to community organizations, and to educational programs with clients. The committee would also like to compile this information and put it on a website so it could be accessed by detention and court services departments at any time. Liz has agreed to collect all the information. Committee members are asked to bring clippings to the next meeting.

Each subcommittee reported on initiatives and information:

Public Education - Judi advised all information related to this topic was covered in conversations on the development of the scrapbook. Later in the meeting we briefly discussed the possibility of including in either our newsletter or on our proposed website information entitled "Did You Know". This would cover topics like drug testing procedures, new laws, and the use of new drugs and combination of drugs. This needs to be explored further. Tara is willing to help Judi with public education projects. Anyone else interested should contact Judi Nystrom

Legislation - Judi had nothing new but Mike had brought a copy of P.A. 94-800 which goes into effect 1/1/07. This law amends 720 ILCS 570/201 and adds 720 ILCS 570/218 which control the sale and possession of products containing dextromethorpan. Anyone

interested in working on legislative matters with Judi should let her know.

Training: Items related to training are listed above in these minutes. We will arrange at least one and probably 2 training events for the spring conference and another in the fall. Kristin Nafirger and Amy Mueller offered to help with training. They also offered to arrange for a tour of the adolescent unit at Chestnut. Andy C. recommends we consider a training on how to effectively conduct drug testing. Anyone else interested in helping with this should contact Corrine or Andy Young.

Website/Newsletter: Andy Young has checked on the cost for a website for one year and believes we can get one for \$60. We would want our website linked to the IPCSA website. Andy is to arrange with Craig Cooper for training for himself, Ann and Deborah on website development and maintenance. Anyone else with interest and/or talent in this area should contact Andy. Mike Carey is to find out when the newsletter must be submitted and advise. The committee commends Mike for all of his hard work on the previous newsletters. Anyone with ideas, articles, or news should forward to Mike asap.

Handouts and Fund Raising: As previously stated, we will have a hand-out table at the spring conference. There will not be a fund raising event until fall.

Other news and local updates:

- Tracy is to send Judi the e-mail addresses or phone numbers of all persons indicating an interest in joining the committee. Judi will then follow-up and encourage their attendance at the next meeting.
- Champaign Co. advise they are switching drug testing equipment from Abbott to Dade Behring.
- Chestnut Health will arrange for recovering adolescents to talk to schools about their experience. Contact Kristen and Amy for more information

The next meeting will be on February 21, 2007 at the Bone Student Center, ISU, Bloomington.

Other scheduled meeting dates are:

Spring Conference dates at 4/18 - 4/20 in Bloomington.

6/22/07 at Starved Rock State Park

8/15/07 at ISU, Bloomington

Fall conference